

Activities Calendar October 2025

Thursday - 2nd

ADVOCACY GROUP

Next Meeting

Tuesday, 18th November @ 2pm Jensen Café



Daily activities are subject to change if unforeseen circumstances occur.



9:30 Walking Group 10:30 Active Games Banksia 10:30 Life Moments with Vanessa (1x1 visits) 10:45 Exercises with Vid Activity Room 2:00 Discussion Group 'Days of the Older Person' Activity Room

Wednesday - 8th

Wednesday – 1st



Cleaner Flowers Banksia



Friday - 3rd 9:30 Walking Group 10:30 Bingo Treetops 10:30 Bingo Hedwig 11:00 Catholic Liturgy **Service with Pat** Activity Room

2:00 Happy Hour **Activity Room**



Sunday

Monday - 6th



9:30 Walking Group 10:00 Intergenerational **Program with Goodstart Early Learning Centre Boronia** Activity Room



Tuesday – 7th



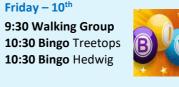
9:30 Walking Group 10:30 'Let's Talk About' **Bach's Heavenly Music** with Pastor Peter **Activity Room** 10:30 Gentle Exercises Banksia



9:30 Walking Group 10:30 Quoits & Cornhole Banksia 10:30 Life Moments with Vanessa (1x1 visits) 10:45 Exercises with Vid **Activity Room** 2:00 CAPS Dice Game 2:00 New Activity - Tea Room Diaries Venue TBC 2:00 Gardening with Xing Ting Banksia



9:30 Walking Group 10:00 Morning Devotions Activity Room 10:30 Music Group with Gisela (Music Therapy Student) Banksia 10:40 Senior Exercise **Activity Room** 2:00 Did you Know? A Day of Curius Events **Activity Room** 2:00 Fun and Games Banksia Thursday - 16th



2:00 Happy Hour Activity Room



2:00 Kaffeeklatsch Activity Room

Saturday - 11th



Sunday

12th

Monday - 13th Pink Ribbon Day



9:30 Walking Group 10:30 Carpet Bowls **Activity Room** 10:30 Active Games Banksia



2:00 Pink Ribbon Day **Baking** Treetops

2:00 Circolo Italiano with Anna Bluegum Tuesday - 14th

2:00 Food Forum Activity Room

2:00 German Poetry Banksia



9:30 Walking Group 10:00 Music with Nelly 10:30 Bi-Lingual Lutheran **Church Service with** Pastor Peter Activity Room 10:30 Gentle Exercises Banksia



2:00 'Elvis at MLH' **Activity Room**

Wednesday - 15th 9:30 Walking Group 10:30 Balloon Tennis Banksia 10:30 Life Moments with Vanessa (1x1 visits)

10:45 Exercises with Vid Activity Room 2:00 Residential Meeting Activity Room



9:30 Walking Group

10:30 Active Games Banksia

10:00 Morning Devotions Activity Room

with Andrea

10:40 Senior Exercises Café Jensen 2:00 Music Group with Gisela (Music Therapy Student) Hedwig 2:00 Fun and Games Ranksia 3:15 CAPS Discussion Group 2:00

Oktoberfest **Activity** Room

Friday - 17th Saturday - 18th 9:30 Walking Group 10:30 Bingo Treetops



Sunday

Monday - 20th

9:30 Walking Group Activity Room 10:30 Carpet Bowls Activity Room 10:30 Active Games Banksia



2:00 Diwali - Including Rangoli Sand Art **Activity Room**

Tuesday – 21st



9:30 Walking Group 10:30 'Let's Talk About' The Reformation with Pastor Peter **Activity Room** 10:30 Gentle Exercises Banksia

Activity Room

Café Jensen

2:00 Crochet Club



2:00 German Poetry



9:30 Walking Group 10:30 Active Games Banksia 10:30 Life Moments with Vanessa (1x1 visits) 10:45 Exercises with Vid **Activity Room** 2:00 'This is Your Life' Dawn French Activity Rm 2:00 Gardening with Xing Ting Banksia

Wednesday - 22nd

10:00 Morning Devotions Activity Room 10:30 Music Group with Gisela



Thursday - 23rd

9:30 Walking Group

10:40 Senior Exercise **Activity Room** 2.00 CAPS Games -Sequence 2:00 Dahlia Planting with Sara Hedwig



Friday - 24th 9:30 Walking Group 10:30 Bingo Treetops 10:30 Bingo Hedwig

2:00 Live Entertainment with Ray and Leslie



Saturday - 25th



Sunday

Monday - 27th



9:30 Walking Group 10:30 Carpet Bowls Activity Room 10:30 Active Games Banksia

2:00 Halloween Art and Craft Hedwig 2:00 Book Club Venue to be advised

Tuesday - 28th



9:30 Walking Group 10:00 Music with Nelly 10:30 Bi-Lingual Lutheran **Church Service with Pastor Peter Activity Rm** 10:30 Gentle Exercises Ranksia

2.00 CAPS Word Games 2:00 German Poetry Banksia 2:00 New Activity - Tea and Tales in Hedwig Garden - Weather Dependant



Wednesday - 29th 9:30 Walking Group 10:30 Active Games **Banksia** 10:30 Life Moments with Vanessa (1x1 visits)

10:45 Exercises with Vid Activity Room Scrabble Club

2:00 New Activity - Scrabble Club Café Jensen

Thursday - 30th Bandana Day

9:30 Walking Group 10:00 Morning Devotions Activity Room 10:30 Active Games Banksia 10:40 Senior Exercises Activity Room



2:00 Music Group with Gisela (Music Therapy Student) Activity Room 2:00 Word Games Hedwig 2:00 Hoy Game Treetops

Friday - 31st Halloween 9:30 Walking Group 10:30 Bingo Treetops 10:30 Bingo Hedwig

2:00 Happy Halloween Activity Room

Walking Group

Monday to Friday 9.30 am at Café Jensen. All Welcome **Weather Permitting**