

Activities Calendar July 2024

Monday – 1st

9:30 Morning Walk / Exercise 10:30 Carpet Bowls Activity Room



Monday - 8th Naidoc Week

9:30 Morning Walk / Exercise

10:30 Active Games Banksia

10:30 Carpet Bowls Activity Room

10:30 Active Games 2:00 Bingo **Activity Room** 2:00 Cricut Craft with Anna Hedwig

2:00 English Lutheran

Church Service with

Pastor Ghalayini

2:00 Naidoc Week

Art and Craft Banksia

Activity Room

Tuesday - 2nd

Tuesday - 9th

9:30 Morning Walk / Exercise 10:00 Music with Nelly Activity Room 10:45 Vid's Exercise Group Activity Room 2:00 German Poetry Activity Room

2:00 Word Bingo Hedwig

9:30 Morning Walk / Exercise

2:00 German Poetry Banksia

2:00 Bingo Activity Room

2:00 Active Games Banksia

10:00 Cultural 1x1 visits with Barbara

10:45 Vid's Exercise Group Activity Room

Wednesday – 3rd

9:30 Morning Walk / Exercise 10:30 Fun with Music Banksia

Wednesday - 10th Naidoc Week

10:30 Word Games Activity Room

9:30 Morning Walk / Exercise



2:00 Did you know? Activity Room

2:00 Skittles Banksia

3:30 Snack Trolley

2:00 Discussion Group

NAIDOC Week

Activity Room

2:00 Hoy Game

3:30 Snack Trolley

Treetops

All Areas

9:30 Morning Walk / Exercise 10:00 Morning Devotions Bluegum

Thursday - 4th



Thursday - 11th Naidoc Week

9:30 Morning Walk / Exercise

10:00 Morning Devotions Bluegum

10:30 Senior Exercise Activity Room

10:30 Senior Exercise **Activity Room**



2:00 Dice Game

Activity Room

2:00 Naidoc Week

and Aboriginal Dot

Art and Craft

Gumnut Babies

Painting Hedwig

Activity Room

Friday - 12th Naidoc Week 9:30 Morning Walk / Exercise

9:30 Morning Walk / Exercise

Friday - 5th

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10:30 Bingo Treetops

10:30 Bingo

Treetops

2:00 World Chocolate

Day including

Happy Hour

10:30 Bocce Ball Activity Room

ENTERTAINER

2:00 Music Memories with Helena **Activity Room**

Saturday - 6th

Activity Room

Saturday - 13th

10:30 Carpet Bowls

Saturday - 20th 10:30 Carpet Bowls Act Room

10:30 Word Bingo Activity Room

Sunday 21st

Sunday

28th

Sunday

Sunday

14th

Monday - 15th

9:30 Morning Walk / Exercise 10:30 Carpet Bowls Activity Room 10:30 Active Games Banksia



2:00 Bingo Activity Room 2:00 Mobile Pampering All Areas Tuesday - 16th

9:30 Morning Walk / Exercise 10:00 Music with Nelly Activity Room 10:30 German Lutheran Church Service with Pastor Stern Activity Room Please note Vid's Exercise Group will not be running today due to the service.



2:00 German Poetry Banksia 2:00 Dice Game Activity Room

Wednesday - 17th



9:30 Morning Walk 9.45 Intergenerational Program - MLH to visit The Basin Preschool. Limited spots available.

10:30 Fun with Music Banksia 2:00 Art and Craft Banksia 3:30 Snack Trolley All Areas 3:30 Library Trolley All Areas

Thursday - 18th

9:30 Morning Walk / Exercise 10:00 Morning Devotions Bluegum



10:30 Senior Exercise **Activity Room**

2:00 German Movie Activity Room

2:00 Word Bingo Hedwig

Friday - 19th

9:30 Morning Walk / Exercise

Friday – 26th Martin Luther Olympics



10:30 Word Games Activity Room **Activity Room** 2:00 Happy Hour

Activity Room

9:30 Morning Walk

1x1s with Bertie

All Areas

10:00 Laughter Care

10:30 Bingo Treetops

11:00 Catholic Mass

10:30 Bingo

Treetops

Saturday - 27th

CAFÉ JENSEN 1 - 4 PM ALL WELCOME

2:00 Movie

Activity Room

2:00

KaffeeKlatsch

Activity Room

Dolittle

Monday - 22nd

9:30 Morning Walk / Exercise 10:30 Carpet Bowls Activity Room 10:30 Active Games Banksia



2:00 Bingo Activity Room 2:00 Adult Colouring Treetops Tuesday - 23rd

9:30 Morning Walk / Exercise 10:00 Cultural 1x1 visits with Barbara 10:45 Vid's Exercise Group Activity Room 2:00 Stammtisch with Barbara Banksia 2:00 Music with Lydia Activity Room



Wednesday - 24th

9:30 Morning Walk / Exercise 10:30 Fun with Music Banksia 10:30 Word Bingo Hedwig 2:00 Olympic Art and Craft Banksia 2:00 Men's Group Activity Room



Thursday - 25th

Movies

9:30 Morning Walk 10:00 Morning Devotions Bluegum



10:00 Resident Outing **Rose Cottage Monbulk** Date to be confirmed. 10:30 Senior Exercise **Activity Room**



2:00 Armchair Travel to the Paris 2024 Olympic Games Activity Room



2:00 MLH's **Olympic Games Activity Room**

10:30 Word Games Act Room



2:00 Movie **Indiana Jones** and Last Crusade **Activity Room**

Monday - 29th

9:30 Morning Walk / Exercise 10:30 Carpet Bowls Activity Room 10:30 Active Games Banksia



2:00 Bingo Activity Room 2:00 Art and Craft Banksia Tuesday - 30th

9:30 Morning Walk / Exercise 10:00 Cultural 1x1 visits with Barbara 10:00 Music with Nelly Activity Room 10:45 Vid's Exercise Group Activity Room



10:30 Gentle **Exercises** Banksia 2:00 German **Coffee Group Activity Room** 2:00 Baking Hedwig

Wednesday - 31st

9:30 Morning Walk / Exercise



10.00 Learn about Technology Act Room 2:00 Active Games Banksia 2:00 Dice Game Activity Room 2:00 Mobile Pampering All Areas

Vid's Exercise Group Tuesdays at the new time of 10:45am, Activity Room



Martin Luther HOMES

ADVOCACY GROUP

Next Meeting Wednesday, 24th July @ 2pm Jensen Café

Sometimes people just need someone to listen. No advice. No words. Just a shoulder, an ear.

Tanja - 1x1 Room Visits Wednesdays 10 – 4pm Please see a member of Lifestyle to schedule a visit with Volunteer Counsellor Tanja.